

JENNA WAIT PERFORMANCE COACHING

JW.

jennawaitcoaching.com

**LET'S TALK
PERFORMANCE
COACHING**

The fact of the matter is...

TECHNICAL TALENT IS NO LONGER SUFFICIENT TO STAY COMPETITIVE.

You need committed and dynamic employees who are self-motivated and self-regulated and who consistently add value to the business. As the saying goes, a happy employee makes for a happy customer. But as any manager would know, where there are people, there are problems, and this generally stems from an inability to find a healthy balance between their personal and professional lives. There is no Chinese wall between these two areas of life, and they affect each other in big and small ways.

Performance coaching, therefore, becomes a viable solution to ensuring employee well-being and development. Sometimes this gap is difficult to see for HR because they are themselves operationally involved. Using an external consultant provides objectivity and an overall assessment of a company's "on-the-ground" reality versus its corporate aspirations.

OUTCOMES YOU CAN EXPECT:

- / Happier customers with higher turnover
- / Effective structures and process flows
- / Systematically improved team dynamics and self-regulated staff
- / Increased employee performance and commitment
- / Enhanced executives and leadership styles
- / Improved communication and conflict resolution skills
- / Succession plans and talent development

THE BOTTOM LINE IS, EMPLOYEES ARE BOTH YOUR BIGGEST EXPENSE & YOUR BIGGEST ASSET. FOCUSING ON THEIR PERFORMANCE TRANSLATES INTO HIGHER TURNOVER & A GREATER RETURN ON YOUR INVESTMENT.

LONG-TERM BENEFITS:

- Increased profit /
- Self-motivated staff /
- High-level leadership skills /
- Team aligned with company objectives /

STARTER PROGRAM

6 to 8 months,
5-10 candidates,
including leadership
development as
well as employee
wellbeing interven-
tion & development.

EMPLOYEE BENEFITS:

Coping styles /	Motivation and clarity /
Stress management /	Self-awareness /
Decision-making /	Emotional intelligence /
Mindset shifts /	Confidence and self-esteem /
Communication skills /	Improved professional /
Interpersonal growth /	and personal habits

ABOUT JENNA WAIT

As a professionally trained counselling psychologist and executive coach, I specialise in teaching individuals how to help themselves. I have been coaching for over a decade in various industries, namely SME development, career coaching, and competitive sports. This is accomplished by employing tried-and-true techniques that teach clients how to cultivate an empowered growth mindset through the development of healthy habits.

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ENQUIRE TODAY FOR LEADERSHIP & DEVELOPMENT.

The purpose of JWPC is to help people envision and unlock their fullest potential, assisting each individual to reawaken to their expansive capacity and autonomy.

